

Opening Eyes - Peer Educator Network

SeeAbility Information Sheet



SEE ABILITY

Extraordinary every day



Help us to train other people how to look after their eyes and sight

Looking after your eyes is important



- Adults with learning disabilities are **10 times more likely** to have serious problems with their eye sight.
- Everyone can look after their eyes and sight with the right help.
- Everyone can have a sight test. You don't have to be able to read or speak.

SeeAbility needs your help

SeeAbility wants to tell as many people as they can that looking after your eyes is very important.



- We are looking for people with learning disabilities in groups around the UK to help.
- Your group can help by training other people with a learning disability about how to look after their eyes.



- We have created a network of trainers across the UK. We would like you to be a part of it. SeeAbility call this a **Peer Educator Network**.

About the Training



- **Opening Doors** worked with SeeAbility to make a training pack about eye care and why it is important.



- Opening Doors is an advocacy group in Norfolk run by people with learning disabilities.



- Each group in the network is trained about eye care by SeeAbility. Each group will be given a pack with everything they need to do the training.



- The groups will then train people in their area about eye care and why it is important.

With your help, we can make eye care better for everyone

To find our more email s.watkin@seeability.org
or call 07860 756 342
www.seeability.org

Have a look at the **Peer Educator Network** section of the website